



*Caring for Patients & Our Communities*



# Who We Are

Spectrum Medical Group is a Maine-based, physician-led organization that combines strong physician leadership with expertise from a multidisciplinary management team. Spectrum is comprised of over 130 Board Certified physicians; serving patients and communities throughout Maine and northern New England. The care and treatment of our patients is of primary importance to us. We are dedicated to excellence in the diagnosis, prevention and treatment of illness, lifelong learning, and service to our communities.

## Quality Focus

At Spectrum Medical Group, our commitment to quality care is much more than just meeting accreditation guidelines - it is truly part of our organization's culture. Our quality programs are driven by the leadership - our physician board of directors - and are integrated into our everyday operations.

Each specialty has its own quality programs that are developed in conjunction with our hospital partners. Many of our programs have garnered national attention. Some highlights include:

- Our Pathologists and Radiologists have an established protocol for reviewing difficult cases. In the event of such cases, two physicians may consult on a specimen or study before a diagnosis is made. Using this protocol has resulted in little to no discrepancies in interpretation if a second opinion is performed at another facility.
- Spectrum Anesthesiologists have developed an Anesthesia Quality Database, which has been recognized nationally for excellence. The database allows our Anesthesiologists to quickly obtain salient data and analyze trends. As a result, they are able to make informed decisions about modifying practices and procedures to improve patient safety and reduce costs.
- The Radiology team utilizes a quality program that is integrated with the Picture Archiving and Communications System (PACS), which allows radiologists to perform peer review overreads, consult with other Spectrum Radiologists, and identify interesting cases to support the ongoing learning within the specialty. This integrated quality system is also used to communicate critical findings to treating physicians so our patients can receive the necessary treatment in a timely fashion.
- Radiation Oncologists routinely have two physicians review the treatment plan for our new patients before the treatment is initiated.
- The groundbreaking work in our quality programs prompted the American Society of Anesthesiologists to invite Spectrum Anesthesiology to be an Alpha site and work with the Anesthesia Quality Initiative to develop their national clinical registry.

# PRESIDENT'S LETTER



**David Landry**  
*Chief Executive Officer*  
*Spectrum Medical Group*

Dear Friends:

On behalf of the Board of Directors and Management, we are pleased to present you this report, which provides an overview of Spectrum Medical Group's recent success and community contributions. As a physician-directed entity, Spectrum is focused on patient care and maintaining a commitment to excellence through professional development, education, and research support. We are dedicated to excellence in the diagnosis, prevention and treatment of illness, to lifelong learning, to our communities, and to the primary importance of the care and treatment of our patients.

Now, more than ever, as our society struggles with significantly difficult issues surrounding healthcare delivery and financing, we are committed to continuing to take a leadership role in improving the care we deliver, enhancing the vehicles and programs through which that care is delivered, and lowering the costs to our patients, government, and the business community.


As members and stewards of our communities where we live and work, we are particularly proud of the following 2009 achievements:

- Provided over \$10.8 million in free care or charity care to citizens unable to pay for medically necessary services as well as continuing our practice of accepting all patients regardless of their insurance status or ability to pay
- Recruitment of 18 new physicians with a wide variety of medical expertise to provide essential services to our communities
- Contributed over \$300,000 to more than 70 state and local charitable organizations
- Provided patient care to over 350,000 Maine citizens from all 16 counties as well as over 30,000 citizens in other New England states
- Assumed a leadership role in setting reportable quality metrics for our specialties with endorsement by the Maine Health Management Coalition
- Utilization of our proprietary quality improvement systems and processes by a range of third parties, including medical groups across the country

As members of the communities across Maine and New Hampshire, we thank you for your interest in Spectrum Medical Group and welcome this opportunity to share our progress with you.

Sincerely,

  
David B. Landry  
CEO

  
Daniel P. Landry, M.D.  
President & Chairman of the Board

# ANESTHESIOLOGY

58 Board Certified Physicians • 45,500 Patients Served • 73,000 Services Provided



*Fostering knowledge and comfort is an important part of working with all patients, regardless of their age. James DeCoursey, D.O., one of our fellowship-trained Pediatric Anesthesiologists, explains the steps of administering anesthesia to one of Spectrum's young patients.*

Spectrum Medical Group's Anesthesiology service is comprised of 58 Board Certified Anesthesiologists who work with surgical teams to develop systems of healthcare delivery to improve patient care; often as it relates to patient experiences during and following surgery.

## Expertise

Our areas of expertise encompass the following sub-specialty services:

- Acute Pain Management, including regional blocks
- Chronic Pain Management
- Cardiac, including open-heart surgery
- Critical Care, supporting Intensive Care Units and emergency care teams
- Neurosurgical, supporting brain and spine procedures
- Obstetric, including labor epidural
- Orthopedic, in both hospital and Ambulatory Surgery Center (ASC) settings
- Pediatric, including pediatric cardiac care
- Vascular and thoracic procedures

## Success

We have a strong track record of improving patient experiences and outcomes, including normothermia and reduction in post-operative pain. A specific example of our accomplishments can be seen with our use of regional blocks. Regional blocks are often used during surgery of the extremities through injection of nerve-blocking agents after the patient has been sedated; often reducing pain for up to 12 hours.

Our success in this area is achieved through our clinical expertise as well as our ability to work collaboratively and communicate effectively with surgeons and patients. Our Anesthesiologists constantly strive to not only deliver high quality care, but also go the extra mile to help ensure the best patient experience possible. Through proactive education and post-surgical compliance, patients can experience far less pain and discomfort immediately after surgery.



*Our Anesthesiologists are recognized nationally for their groundbreaking work in delivering quality care. Richard Kirkpatrick, M.D., plays an important role in developing and executing quality programs at St. Joseph Hospital.*

Our Anesthesiologists have served as key drivers of quality initiatives and data collection programs for hospitals and Ambulatory Surgery Centers (ASC) throughout Maine. As key members of each surgical care team, they have successfully established quality infrastructures that involve professionals throughout each facility to ensure that ongoing improvement in patient care is a priority.

Developing and advancing quality improvement programs is a hallmark of the Spectrum Anesthesiology Division, and we have been recognized both locally and nationally for our work in this area. Craig Curry, M.D., who has been a leader in the implementation of quality initiatives (QI) at Spectrum over the past decade, has also provided significant guidance to a national coalition of Anesthesiologists, the Anesthesia Business Group (ABG). In addition, Spectrum Medical Group

spearheaded the development of the nation's first Anesthesiology clinical registry. The goal of this registry is to define, measure, and benchmark processes and outcomes. Since its inception in 1998, the registry has accumulated over 431,000 records and now has a national market.

In addition to our database, we support five outside customers/practices who use our QI program. As an offshoot of the Anesthesia QI database, Spectrum Medical Group shares, compiles, stores, and reports data for over 1.4 million records with nine other members of the ABG.

### **SPECTRUM SUCCESS: Spectrum and Hospital OR Partnerships**



At our anesthesiology sites, we are regularly engaged with both the Operating Room leadership team and hospital administration to review our perioperative processes. Quality and efficiency metrics are regularly examined to improve patient safety and comfort. We continually look for ways to improve the experience for both patients and surgeons such as expediting room turnover, timely OR starts, etc. Margaret Rutkowski, M.D. (on right) is seen working with hospital staff at St. Joseph Hospital in Bangor.

# RADIATION ONCOLOGY

6 Board Certified Physicians • 3,500 Patients Served • 36,000 Services Provided



*“The American College of Radiology accreditation that we have received gives assurance that our staff and equipment have passed a rigorous evaluation. It demonstrates a deep commitment to safe patient care.”*

*– Cornelius McGinn, M.D., Medical Director,  
Radiation Oncology Department, Maine  
Medical Center*

Spectrum’s six Board Certified Radiation Oncologists treat almost all types of cancer and are committed to optimizing curative and palliative care for patients by offering access to the most up-to-date specialized procedures. Our Radiation Oncologists serve as leaders in supervising care at our partner facilities and support both innovation and high standards of care.

## Expertise

Our Radiation Oncologists are committed to working with patients, families, and other members of the patient’s care team to help determine the best treatment option for each individual. These physicians participate on the physician leadership teams at a number of hospitals. Our services include:

- Intensity Modulated Radiation Therapy (IMRT)
- Image Guided Radiation Therapy (IGRT)
- Advanced GYN Brachytherapy
- Prostate Cancer Brachytherapy
- Stereotactic Radiosurgery
- Radiation Therapy for Children
- Radiation Therapy for Benign Conditions
  - Heterotropic Bone Prevention
  - Vascular Brachytherapy
- Mammosite Partial Breast Irradiation (PBI)
- High Dose Rate Brachytherapy (HDR)

## Success

Spectrum Medical Group’s physician leadership was instrumental in Maine Medical Center’s Radiation Oncology Department’s recent re-accreditation by the American College of Radiology. This is the only facility in the state to receive this accreditation.

Radiation Therapy treatments are done in close collaboration with other sub-specialties including Medical Oncology, GYN Oncology, Neurosurgery, and Urology. The largest centers with whom we collaborate to provide patient care are Maine Medical Center, Coastal Cancer Treatment Center, and the



*Jeffrey Young, M.D., Medical Director of Cancer Care Center of York County and Liaison for Maine Children's Cancer Program for pediatric radiation oncology.*

Cancer Care Center of York County. We provide Radiation Oncology leadership for several cancer care programs at Maine Medical Center, including the Genitourinary Cancer Program, the Breast Care Center, the Thoracic Oncology Program, and the Neuro-Oncology Program. We have received both local and national recognition in our approach to treating prostate and breast cancer.

Spectrum offers one of the most advanced and comprehensive prostate cancer treatment programs in the country, with treatments for prostate cancer including:

- External beam radiation therapy via IMRT/IGRT
- Permanent prostate seed implementation (low dose rate brachytherapy)
- Temporary high dose rate implants (high dose rate brachytherapy)
- Participation in clinical trials for high-risk patients

Innovation in treating breast cancer is well illustrated by the successful introduction of MammoSite Partial Breast Irradiation service several years ago. This form of radiation therapy reduces the length of treatment from seven weeks to five days. In addition to reducing the treatment time, which is particularly convenient for patients that must travel, many patients have experienced fewer side effects than with traditional radiation therapies. Spectrum's Celine Godin, M.D., has been honored for her work in introducing this treatment option to the state by the Maine Cancer Foundation.

## **SPECTRUM SUCCESS: MammoSite Irradiation**



Celine Godin, M.D., is shown here providing patient education regarding MammoSite Partial Breast Irradiation, a form of radiation therapy that may reduce the length of treatment from seven weeks to five days. "I am very pleased to say that this treatment is now available at several hospitals in Maine that are served by Spectrum physicians," stated Dr. Godin.

# PATHOLOGY

16 Board Certified Physicians • 75,000 Patients Served • 148,000 Services Provided



*Spectrum Pathologists include (l-r): Robert Christman, M.D., Erica Heinrich, M.D., Robert Cawley, D.O., Douglas Dressel, M.D., and Michael Jones, M.D.*

Spectrum Medical Group's 16 dedicated, Board Certified Pathologists provide patients and referring physicians with the highest quality diagnostic services available in Maine using state-of-the-art techniques. Our Pathologists currently provide services to 11 hospitals and medical practices throughout southern Maine and New Hampshire, as well as several large physician office laboratories.

## Expertise

Our physicians offer patients a range of expertise and are certified in both anatomic and clinical pathology. Anatomic Pathology encompasses Surgical Pathology (determining if tissues are benign or malignant), Cytology (evaluating Pap smears, fluids, or needle aspiration as benign or malignant conditions), and Autopsy.

## Anatomic Pathology Sub-specialties & Expertise

Anatomic Pathology is the study of structural and compositional changes that occur in tissues as a result of disease. Specialty areas include:

- Gynecologic Pathology
- Cytopathology
- Urologic Pathology
- Hematopathology (blood disorders)
- Dermatopathology
- Gastroenterology
- Breast Pathology
- Renal Pathology

Examples of Anatomic Pathology services include: diagnosing malignancy in a biopsy, diagnosing a Pap smear as normal or abnormal, and performing an autopsy to determine cause of death.

## Clinical Pathology Expertise

Clinical Pathology involves assisting referring clinicians with development or adjustment of patient treatment plans based on laboratory testing:

- Transfusion Medicine
- Clinical Chemistry
- Microbiology
- Hematopathology
- Blood Management
- Coagulation
- Molecular Testing
- Immunopathology

Examples of Clinical Pathology include: Managing care of a bleeding patient using appropriate blood products and laboratory testing, interpreting lab results for clinicians,



*Ronald Guibord, M.D., Medical Director of Pathology at Mercy Hospital, reviews a telepathology specimen with Joanne Christman, P.A. Our Pathologists provide expertise to Tumor Board and Cancer Care Conferences throughout central and southern Maine.*

determining the appropriate molecular testing for a patient, and determining cost-effective utilization of laboratory testing.

### **Success**

Our Pathologists continually improve clinical contributions through education and careful evaluation and adoption of new technologies, such as telepathology. Spectrum Pathology, working in conjunction with our hospital partners, has successfully implemented the following:

- Standardized synoptic reporting; providing referring providers with concise terminology and data useful for compelling outcomes reporting
- Microwave processing technology; providing the opportunity for same-day reporting to ordering physician offices
- Molecular modalities; allowing for improved cancer diagnosis for the development of the most appropriate treatment therapies
- Blood transfusion management systems; providing optimal patient care, while reducing facility costs
- Systems to improve reporting accessibility to referring providers, allowing for more timely, informed decision making
- Implementation of Her-2/neu testing, which benefits breast cancer patients by indicating when additional treatment is necessary

By communicating with colleagues in multiple specialties, our Pathologists constantly strive to update and improve the quality of service. We follow current evidence-based medical guidelines and use cost-effective molecular testing.

### **SPECTRUM SUCCESS: Blood Management Program**



Professional understanding of the risks and benefits of red cell transfusions are evolving. In particular, many of the assumed benefits of transfusion have been difficult to prove, while patient risks associated with transfusion continue to be identified. As a result of our Blood Management initiatives, hospitals have experienced up to a 30% reduction in the use of red blood cell transfusions. One hospital experienced a \$1,000,000 annual savings from these efforts. Furthermore, patients and their healthcare providers have been enabled to make more informed decisions about transfusions. Timothy Hayes, D.V.M., M.D., Assistant Chief of Pathology at MMC (left) is currently leading an initiative to ensure the most appropriate utilization of red blood cell transfusions.

# RADIOLOGY

51 Board Certified Physicians • 275,000 Patients Served • 755,000 Services Provided



*Sharon Siegel, MD, Director of Body CT and Section Head of ER Radiology at Maine Medical Center (MMC), provides training and mentoring to a Radiology resident. She is one of several GI Radiologists within Spectrum and is shown here teaching a resident about CT colonography, an important tool superior to barium enema used in the event of an abnormal colonoscopy. CT colonography and CT enterography have been performed at MMC since 2004. Spectrum Medical Group also provides these services at Eastern Maine Medical Center.*

Spectrum Medical Group is staffed by 51 Board Certified Diagnostic Radiologists, who interpret information for diagnosing patient conditions, and Interventional Radiologists, who utilize image-guided, minimally invasive procedures to treat patients. Our Radiologists have served as champions for the development of Picture Archiving and Communications Systems (PACS), which enable rapid image sharing. Computerized systems link facilities, allowing physicians to confer on the same image, regardless of the distance between them. Such linkages also facilitate more rapid coordination of prior studies.

## Expertise

Our Radiologists provide services in multiple specialty and sub-specialty areas, including:

- Mammography
- Computerized Tomography
- Nuclear Medicine
- Pediatric Care
- Women's Imaging
- Magnetic Resonance Imaging
- Ultrasonography
- Positron Emission Tomography
- Vascular and Interventional

## Success

Spectrum Medical Group's quality improvement and overread process is used to provide ongoing evaluation of skills and accuracy of each of our Radiologists. Last year our Radiologists overread more than 20,000 cases - more than any other group in Northern New England.



*Christopher Baker, M.D., an Interventional Radiologist in Spectrum's southern division, is a pioneer in the field of Interventional Neuroradiology services. Dr. Baker is shown here with a 3D-angiogram that he used to perform an endovascular coiling – a minimally invasive procedure to treat a patient with a brain aneurysm.*

## Interventional Neuroradiology Services

Interventional Neuroradiology uses fluoroscopy (real-time x-ray) and digital subtraction angiography to perform minimally invasive procedures in the diagnosis and treatment of vascular diseases of the intra- and extra-cranial circulation. These diseases cause acute ischemic and hemorrhagic brain injuries, such as aneurysms, arteriovenous malformations, dural arteriovenous fistulas, carotid artery stenosis, intracranial atherosclerotic disease, and embolic stroke.

Every year about 1,000 people in Maine die from an acute ischemic or hemorrhagic stroke and related complications – trailing only heart disease and cancer as the leading causes of death. Interventional Neuroradiologists are an integral part of the Neuroscience Institute at Maine Medical Center (MMC). The cutting-edge care provided by Spectrum's Neuroradiologists can mean the difference between a patient walking out of the hospital instead of suffering from severely disabling neurologic deficits.

Our Neuroradiologists play a pivotal role in providing timely interpretations of images that aid Neurologists and Neurosurgeons in clinical decision-making. By bringing Interventional Neuroradiology back to MMC, earlier diagnosis of potentially fatal diseases will lead to improved patient outcomes. Prompt, brain-saving

medical treatments will also lower the incidence of stroke-related complications, length of hospital stay (including rehab), and, ultimately, overall medical costs of acute and long-term stroke care.

### SPECTRUM SUCCESS: Making Care Safer



With growing concern over radiation exposure in medical imaging, Spectrum Radiologists, such as David Ahola, M.D., have partnered with facilities to employ protocols that minimize exposure by using low dose scanning to help ensure that patients receive the safest, most appropriate care available. The lower dose CTs were initially utilized on patients with urinary tract stones, since these patients tend to be younger and often require multiple repeat exams. Since then, Dr. Ahola has worked to minimize radiation dose in all CT protocols.

Spectrum Radiologists now have a process in place to review requests for CT scans to make sure that the clinical question cannot be answered by an exam that has already been performed, or by an alternate test that does not utilize radiation.

# COMMITMENT TO LIFELONG LEARNING



*Spectrum Radiologist Paul Templeton, M.D., coaches a medical student in interpreting a chest radiograph.*

## **Medical Staff Consultation & Education**

Spectrum Medical Group's select staff from each of our clinical divisions share their expertise to foster learning opportunities and consultative guidance. Our physicians staff dozens of multidisciplinary conferences, working with physicians from diverse disciplines. The expertise of our Anesthesiologists, Pathologists, Radiologists, and Radiation Oncologists is requested for conferences with hospital medical staffs throughout Maine.

## **Medical School & Residency Training**

In addition to directing residency training programs, many of our physicians serve on the faculties of medical schools across New England, including Tufts University, the University of Vermont, and the University of New England (UNE). Robert Cawley, D.O., serves as the Chair of the Pathology Department at UNE. Furthermore, our Radiologists support Eastern Maine Medical Center's affiliation with UNE through both teaching conferences and one-on-one mentoring of medical students and family practice residents. Our doctors provide education to medical students through the Maine Medical Center-Tufts University School of Medicine medical school partnership.

## **Radiology Residency Training**

Scott Fredericks, M.D., Spectrum Radiologist, directs the Maine Medical Center Radiology Residency Training Program. The curriculum includes twice-daily conferences and education in general radiology, mammography, nuclear medicine, cardiac radiology, pediatric, angiography, interventional, body CT, neuro CT, MRI, ultrasonography, radiation oncology, and electives.

## **Anesthesiology Residency Training**

Christopher Cary, M.D., Spectrum Anesthesiologist, serves as the Program Director of MMC's Anesthesiology Residency Training Program. Anesthesiology is a specialty requiring the daily application of the principles of pharmacology and physiology in the care of patients. Spectrum Anesthesiologist Angus Christie, M.D., coordinates training curriculum and research. Along with Dr. Christie, our team of Anesthesiologists ensures that each resident receives a complete training experience in all forms of patient monitoring, general and regional anesthetics, didactic training, and clinical research.



*Spectrum Anesthesiologist Nancy Boulanger, M.D., (on right) is shown reviewing documentation with Diane Cormier, N.P., at the Maine Medical Center Scarborough campus.*

# CARING FOR OUR COMMUNITIES

**“It is all women and many survivors – it’s a different atmosphere than other triathlons.”**

Losing both her cousin and her husband’s mother to breast cancer motivated Dr. Cydney Cox to focus on breast imaging as an area of professional interest. Last year, Dr. Cox had the opportunity to help advance breast cancer research in her personal life as well. Although Dr. Cox says that her initial idea to compete in a triathlon was ‘purely selfish,’ the outcome was not. By participating in the Maine Cancer Foundation’s Tri for a Cure - swimming 1/3 of a mile, biking 15 miles, and running 3 miles - she and 499 other women helped raise money and awareness for breast cancer research in Maine.

Dr. Cox, who has competed in similar events, found the Tri for a Cure affected her emotionally more than she ever thought. “Everyone is supportive and works together, which creates a true sense of camaraderie. It is less about competition and more about being together to support and benefit a greater mission.”



*Cydney Cox, M.D., a Spectrum Radiologist, took part in the 2009 Tri for A Cure. The event raised over \$200,000 for the Maine Cancer Foundation.*



*David Clement, M.D., a Spectrum Anesthesiologist at St. Joseph Hospital in Bangor, has participated in the Trek Across Maine since 1993. Over the years, he has raised more than \$22,000 for the American Lung Association of Maine.*

**“I ride for a cause - the fun is just a footnote.”**

In 1993, Dr. David Clement had a conversation with some colleagues about the Trek Across Maine. As a result, the physicians decided to form a team to ride together that year. Dr. Clement hasn’t missed a Trek Across Maine ever since - despite some unexpected challenges.

In September of 2008, Dr. Clement and his son were riding along a road in New Hampshire when a state police officer who had fallen asleep behind the wheel hit them with his patrol car. The crash badly injured his son and put Dr. Clement in the ICU on a ventilator and unable to return to work until March of 2009. Just three months later, Dr. Clement – along with his wife, daughter, and recovered son – was back riding in 2009’s Trek Across Maine. Having his children fly in to spend three days challenging their bodies for a cause they believed in, was a moving experience. Dr. Clement feels that “every year the Trek becomes more important.” He and his wife plan to ride together in 2010.

# CARING FOR OUR COMMUNITIES

**“When kids are in exceedingly difficult circumstances they need special wishes to be granted.”**

For years, Dr. Michael Pancoe and his family have been actively involved in causes supporting cancer research, such as the Susan G. Komen Foundation and the Make-A-Wish Foundation.

His family’s devotion to the cause has a very personal note. At 13 years of age, Dr. Pancoe’s oldest daughter was diagnosed with an unusual cancer, which she survived. During her sophomore year in college she was diagnosed with another type of cancer as a side effect from her earlier chemotherapy. As an inpatient undergoing a bone marrow transplant, she was interviewed live on the radio and helped raise \$300,000. Despite advanced treatment, she passed away in 1999 at 20 years of age. Dr. Pancoe’s experiences give the mission of the Make-A-Wish Foundation a very special meaning. Children with life-threatening conditions deserve the hope and joy that these wishes bring.



*Michael Pancoe, M.D., F.A.C.R., a Radiologist at Spectrum Medical Group, is actively involved in the Make-A-Wish Foundation.*



*Spectrum Anesthesiologist W. Daniel Kovarik, M.D., is an active participant in the “Save a Brain Campaign” for the Brain Injury Association of Maine. He is shown here helping a young friend understand the importance of wearing a helmet when cycling.*

**“We need to help get the word out that there is only one cure for traumatic brain injury, and that is prevention.”**

The Brain Injury Association of Maine (BIAME) is the leader in connecting survivors and family members with education and social life enrichment opportunities, support groups, and brain injury resources, which helps survivors and family members navigate the complex world after a brain injury. Dr. Daniel Kovarik volunteers his time and resources in an effort to raise awareness and funds for BIAME and its *Save a Brain Campaign*.

As part of this campaign, BIAME has given away over 14,000 properly-fitted bicycle helmets to Maine children since 2006. In April 2009, BIAME partnered with the Bureau of Highway Safety, WMTW-TV8, and WABI-TV5 to fit over 3,500 Maine children with a free bicycle helmet in a single day.

## Community Contributions

A major tenet of our organization's philosophy is to ensure that all citizens of our community have access to quality care, regardless of insurance coverage or their ability to pay. In 2009, Spectrum Medical Group donated \$10.8 million dollars in free care or charity care to patients across Maine and New Hampshire. Below is a partial list of organizations we supported last year.

American Diabetes Association – Tour de Cure	Maine Center for the Arts
American Heart Association	Maine College of Art
American Lung Association – Trek Across Maine	Maine Handicapped Skiing
Bangor Museum & Center for History	Maine Huts & Trails
Bangor YMCA/YWCA	Maine Public Broadcasting Network
Bangor Symphony Orchestra	Maine State Ballet
Barbara Bush Children's Hospital	Make-A-Wish Foundation
Cancer Community Center	Mary's Walk
The Center for Grieving Children	National MS Society
Community Counseling Center	Opportunity Farm
Hospice of Southern Maine	Penobscot Theatre
The Iris Network	Rally for the Cure
Katahdin Area Council	Southern Maine Agency on Aging
Maine Audubon Society	The United Way
Maine Cancer Foundation	



### SPECTRUM GOES RED

*Employees in the administrative office celebrate dress down day and wear red on the American Heart Association's Go Red for Women Campaign–National Wear Red Day'. This event was held to support the 'Spectrum Striders' walk team who are participating in the AHA Heart Walk on May 16th. Spectrum Medical Group contributed \$5,000 toward this event.*

*Front (l-r): Nancy Horn, Janice Young, Pat Beaudoin, Terry Judkins, Joanne Sullivan, and Anne Scribner  
Rear (l-r): Lee-Anne Genthner, Nathalie Paquet, Carol Edwards, Todd Perkins, Kim Murchison, Denise Lawnsure, and Pam Martin.*

## Annual Hospital Campaigns Supported

Blue Hill Memorial Hospital	Maine Medical Center	St. Andrews Hospital
CA Dean Memorial Hospital	Mayo Regional Hospital	St. Joseph Hospital
Eastern Maine Medical Center	Mercy Hospital	St. Mary's Regional Medical Center
Huggins Hospital	Miles Memorial Hospital	Stephens Memorial Hospital
Inland Hospital	Southern Maine Medical Center	The Memorial Hospital

# CARING FOR OUR PATIENTS



## Number of patients by county, 2009:

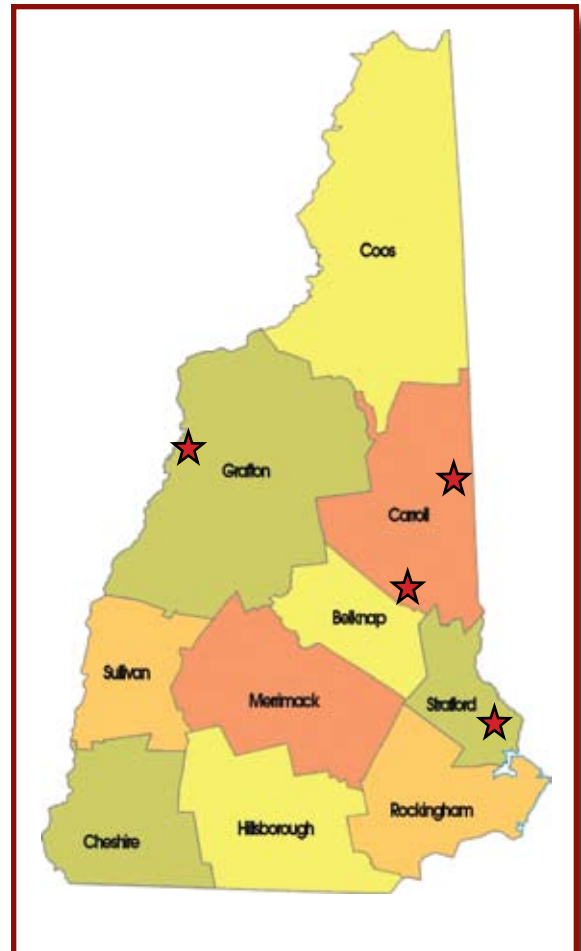
Androscoggin	22,600
Aroostook	4,900
Cumberland	114,900
Franklin	1,600
Hancock	12,700
Kennebec	15,100
Knox	4,200
Lincoln	16,100
Oxford	8,500
Penobscot	70,600
Piscataquis	9,500
Sagadahoc	3,500
Somerset	6,600
Waldo	6,300
Washington	4,000
York	35,000

**Total Served in Maine:**  
**336,000**

## Number of patients by county, 2009:

Belknap	350
Carroll	12,780
Cheshire	20
Coos	480
Grafton	2,710
Hillsborough	300
Merrimack	210
Rockingham	970
Strafford	870
Sullivan	30

**Total Served in NH:**  
**18,710**



# SITES OF SERVICE

## **ANESTHESIOLOGY**

Central Maine Orthopaedics  
InterMed  
Maine Eye Center  
Maine Medical Center  
Maine Spine Center  
Mercy Hospital  
OA – Centers for Orthopaedics  
Plastic & Hand Surgical Associates  
Portland Endoscopy Center  
St. Joseph Hospital  
Scarborough Surgery Center  
Southern Maine Medical Center  
Stephens Memorial Hospital

## **PATHOLOGY**

Coastal Womens' Healthcare  
Huggins Hospital  
Maine Medical Center  
Mercy Hospital  
Miles Memorial Hospital  
NorDx Laboratories, Inc  
Plastic & Hand Surgical Associates  
St. Andrews Hospital  
Southern Maine Medical Center  
The Memorial Hospital  
Wentworth-Douglass Hospital

## **RADIATION ONCOLOGY**

Cancer Care Center of York County  
Coastal Cancer Treatment Center  
Maine Medical Center-Bramhall Campus  
Maine Medical Center-Scarborough Campus

## **RADIOLOGY**

Alliance Imaging  
Blue Hill Memorial Hospital  
Bucksport Regional Health Center  
CA Dean Memorial Hospital  
Coastal Women's Healthcare  
Concentra  
Cottage Hospital  
Eastern Maine Medical Center  
First MRI of Maine  
Inland Hospital  
InterMed  
Maine Centers for Healthcare  
Maine Medical Center  
Maine Molecular Imaging  
MRI Maine Neurosciences  
Marshwood Imaging Center  
Martin's Point Medical Group  
Mayo Regional Hospital  
Miles Memorial Hospital  
Open MRI of Brunswick  
OA – Centers for Orthopaedics  
Penobscot Community Health Care  
Penobscot Valley Hospital  
St. Andrews Hospital  
St. Joseph Hospital  
St. Mary's Regional Medical Center  
The Memorial Hospital  
Vascular & Interventional Radiology Center

# BOARD OF DIRECTORS

## 2010 Board of Directors



*Front (l-r): Michael Quinn, M.D., Michael Pancoe, M.D., F.A.C.R., Rodger Pryzant, M.D., Joshua Sherwin, M.D., Gregg Farrell, M.D.*

*Rear (l-r): Paul Lennon, M.D., Daniel Landry, M.D., Steven Winn, D.V.M., M.D., Bruce Malmer, M.D., Robert Christman, M.D., Douglas Dressel, M.D.*

# Making a Difference

The services of Spectrum Medical Group touch more than 350,000 people annually across northern New England. Our physicians work with more than 40 hospitals, medical centers, and physician practices in Maine and New Hampshire. Spectrum Medical Group's mission is simple: deliver a wide range of high quality, value-added medical services to patients and employers who purchase care. Spectrum's commitment to quality not only includes careful monitoring of our ability to deliver affordable healthcare, but to monitor patient outcomes, and to actively assess patient and physician satisfaction. Our strategic goals encompass providing recognized clinical excellence, as well as serving as a partner in resolving healthcare challenges in the communities we serve. Our centralized infrastructure and sophisticated information systems help to coordinate care, provide cost controls, and reduce unnecessary duplication of services.

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## New Team Members

We are constantly expanding our talented medical staff. Below please find a list of physicians that have joined our team in 2009-2010.

### Anesthesiology

David Andrews, M.D.

Mercy Hospital

Christopher Connors, M.D.

Maine Medical Center

Robert Epstein, M.D.

Mercy Hospital

Kanchana Ganeshappa, M.D.

Maine Medical Center

Anthony Miller, M.D.

Mercy Hospital

Robert Morrison, M.D.

Mercy Hospital

Ann Reardon, M.D.

St. Joseph Hospital

Carolyn Starks, D.O.

St. Joseph Hospital

### Pathology

David Gray, M.D.

Wentworth-Douglass Hospital

Tarek Hammour, M.D.

Maine Medical Center

Silvia Skripnova, M.D.

Wentworth-Douglass Hospital

Ioana Tolocica, M.D.

Maine Medical Center

### Radiology

Baharak Bagheri, M.D.

Eastern Maine Medical Center

Christopher Baker, M.D.

Maine Medical Center

Joseph Cousins, Ph.D., M.D.

Maine Medical Center

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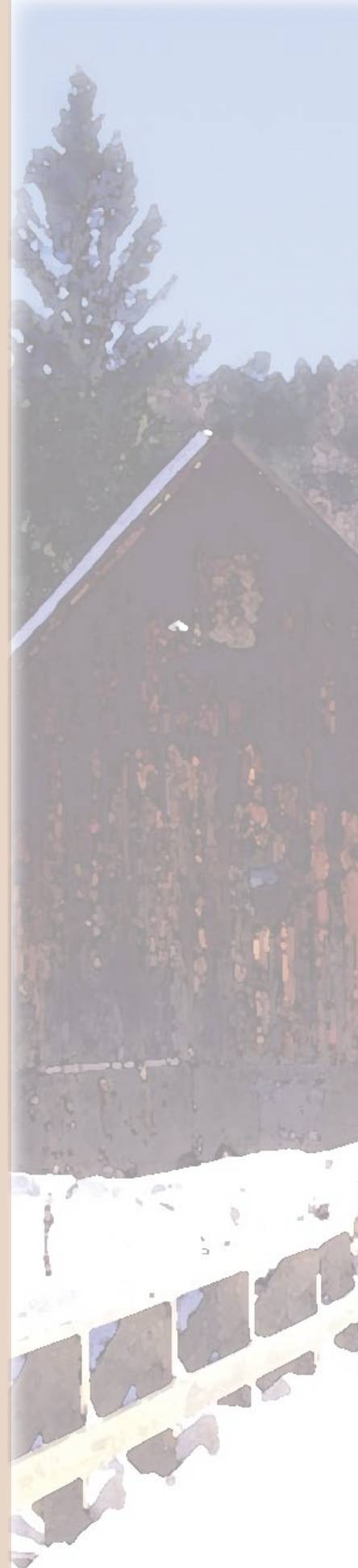
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Maine Medical Center

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