

## Ladies' Night with St. Mary's Regional Medical Center and Geiger Sponsored by Spectrum Medical Group

Join us for a Ladies' Night with a healthy twist. St. Mary's Regional Medical Center and Livgeiger™, a division of Geiger®, are teaming up to improve the health and wellness of women. On Tuesday, May 24, we're holding a fun-filled event just for ladies at the Hilton Garden Inn Auburn RiverWatch. We'll kick things off on the dance floor at 5pm with musical guest Laurie Sidelinger and some fabulous hors d'oeuvres. The first 100 women to arrive will receive gift bags thoughtfully filled by the folks at Livgeiger.

You'll have time to wander through the booths highlighting all of St. Mary's services for women. Get a free skin analysis, find out what we're doing to make mammograms more comfortable, and see what fitness programs are available to fit your busy schedule.

We have a couple of surprises in store for you –

You'll have to see them to believe them!

We'll also have some remarkable guests. Most notably you'll hear from a breast cancer survivor as she shares her poignant and unexpectedly humorous story.

Providing services to improve the wellness of women, Spectrum Medical Group is a proud sponsor of St. Mary's Ladies' Night. Spectrum is Maine's largest multi-specialty, physician owned and directed professional organization. It is comprised of more than 150 physicians practicing in the areas of anesthesiology, pain management, pathology, radiology, and radiation therapy. Spectrum provides services at many of Maine's hospitals, including St. Mary's, and in eastern New Hampshire.

For more information about Ladies' Night, please call Women's Health Associates at (207) 777-4300.



Join the St. Mary's team for a fun, informational evening answering questions for women of all ages.

### Performance By Laurie Sidelinger

Laurie's passion for singing first blossomed at the age of 4. She

attributes her vocal and performing abilities to her very talented parents and family. Their unending encouragement over the years helped her gain confidence and a love for various styles of music. For almost two decades she performed with the Lewiston based band Horizon, has traveled from Canada to Boston singing her "Songs from the heart."

Most recently, Laurie has collaborated with 5 other female vocalists from the Lewiston ~ Auburn area (Kathy Haley, Deb Morin, Bonnie Edwards, Bette Sanborn and Jeannie Martin) to form "The Girls of L~A...The Divine Divas of Song," performing for two sold out concerts at the Franco American Heritage Center.

Aside from her time spent in various recording studios working on jingles and projects, Laurie enjoys



Laurie Sidelinger

singing for weddings, wedding planning, performing for community events and has been employed for 21 years with International Paper in Purchasing and Administration.

Laurie will be performing at a special "Ladies' Night" by St. Mary's Regional Medical Center and Geiger. The event, sponsored by Spectrum Medical Group, will be held Tuesday, May 24, 5pm at the Hilton Garden Inn Auburn RiverWatch. This event is free and open to the public.

**Where: Hilton Garden Inn, Auburn, Maine**

**When: Tuesday, May 24, 5PM-7PM**

**Cost: FREE**

CELEBRATING WOMEN'S HEALTH AND WELLNESS WITH ST. MARY'S REGIONAL MEDICAL CENTER

*An evening of fun, prizes, entertainment, special guests, great food and cocktails.*

# LADIES' NIGHT

*A special event to kick off a new product and partnership.*

*Don't miss the secret!*

Visit the informational booths explaining the many services that support women's health.

EVENT IS FREE AND OPEN TO THE PUBLIC.

Free Goodies Bag to first 100 Guests!

**TUESDAY, MAY 24, 5:00 - 7:00 PM**  
**HILTON GARDEN INN RIVERWATCH**  
**IN AUBURN**

Sponsored by:



For more information, please call 777-4300.

